


# 200 personnel from the ULMA Group have participated in the Eye Health Prevention Campaign

During 2020, ULMA Medical Imaging in collaboration with ULMA Group's Occupational Health and Safety Area, launched the Eye Health Prevention Campaign, a set of voluntary tests to prevent eye diseases.

Throughout the campaign, different ophthalmological examinations were conducted on ULMA Group personnel who were at risk of developing eye disease or complications. The groups targeted by this campaign were: welders exposed to intense light when welding, hyperglycaemic people since high blood sugar levels can cause sight alterations and personnel age 45 and over who have been subjected to prolonged exposure to screens for more than 20 years. The campaign was transferred to the medical office of each Business where all the diagnostic tests were performed. The people included in the groups were provided with all the necessary information about the campaign so that they could decide whether or not to participate. The exam involved three tests: A tonometry test, which measures intraocular pressure by blowing a brief puff of air into the eye; a Visual Acuity test used to determine how well you see details in objects; and finally, a retinography test, which is a technique used for capturing a digital image of the retina. ULMA Medical Imaging technology was used for all of this testing. Once the different tests were completed, they were sent to ophthalmologists collaborating with ULMA Medical Imaging for a full and personalised diagnosis to include conclusions and recommendations for each of the participants.




**JOSETXO DE FRUTOS**



Director of Promotion and Innovation

As campaign sponsors and in collaboration with the ULMA Group medical service together with the team of ophthalmologists of our advisory committee, we designed the different phases of the campaign, making all our technology and team of ophthalmologists available to the campaign, with the aim of providing a comprehensive solution to the needs of the companies' health services.


**IÑAKI IGARZABAL**



Occupational Doctor

For occupational medicine, access to this type of campaign with this technology means that we can increase the capacity for early diagnosis of ophthalmological pathologies at our medical facilities as well as improve the prevention and control of chronic pathologies, and it is a health promotion tool. It also enables us to conduct studies on exposure to different occupational hazards that may affect vision.

**IÑIGO CORCOSTEGUI**



A specialist in Vitreous Retina and Posterior Segment from the Medical Surgical Institute of Ophthalmology (ICQO)

The remote medicine campaign led by ULMA joins this future trend, which will undoubtedly help to improve the quality of medical care for workers. Collaboration with ULMA has been essential in supplementing the specific knowledge of our field with the necessary technology to be used globally through the practicing of tele-health.

**Personnel from ULMA who have been tested tell us about their experience:**



**MERTXE BUEZO - ULMA Packaging**

The nurse told me about the campaign. Since I am staring at a screen all day at work, at the end of the day my eyes are tired and sore ... so I didn't hesitate, the test was similar to an eye test, ULMA's medical service explained what they were doing and told me the steps to follow and everything worked out fine.



**OSKAR BERRETEAGA - ULMA Embedded Solutions**

The test didn't take long - it was much quicker than I expected. It seemed like a very good opportunity to check my eyes.



**DORLETA URAGA - Central Departments**

I found out that they were conducting these tests at ULMA and that I met one of the testing eligibility requirements; I applied for it and they included me among the candidates. I have always been concerned about eye diseases and this opportunity to have a professional diagnosis seemed interesting to me.