

In this section, we'll keep you up to date about what your foundation has been doing, in cooperation with the people who make up ULMA, as a way to channel our commitment to transforming society into a more human and sustainable model.

## Activity in 2017 headlines



### solidarity trip

Izaskun Vildarraz, a colleague at ULMA Forklift Trucks, travelled to Mexico from August to November for Mundukide to provide training in different cooperatives in the area.

goienakluba  
Euskara irabazle, denok irabazle!



### children's workshops

76 niños/as aged 4 to 10 participated in the workshops in June, 65% more than last year. They were accompanied by 6 monitors, two of whom were relatives of ULMA employees. This measure for family conciliation has been very well received by fathers and mothers.

LEKAIXOKA!  
KILOMETROAK 2017 OÑATI



### solidarity collection kitchen utensils

Above all casseroles and frying pans, but also crockery, cutlery or electrical appliances are now travelling to Honduras with arrival scheduled for the end of the year. We will post images as soon as we receive them. Thanks for helping!recibamos. ¡Gracias por colaborar!

B  
Bidebarri  
LANERATZE ENPRESA



### #gestosostenible

At the moment in Central Services and Construction: we have distributed glass bottles and placed water jugs in meeting rooms to reduce the consumption of plastic. We were using more than 5,000 bottles of water every year! And the awareness campaign for more responsible power consumption is under way; turn on lights only if necessary, turn off appliances when you finish using them and don't use air conditioning to excess.

Ciclogreen  
BIAKHO



### healthy november

Within the "Izan Osasuntsu" programme, Thursdays in November were full of health advice. Experts in health and wellness issues visited us and talked about the Nordic walking, David Spine Concept, Health and Human Movement or K-Stretch. Healthy and interesting talks and exercises!

## and also ...

**Cruz Roja Gurutze Gorria**

### solidarity collection of new toys

Until 15 December

- | More than 70 ULMA people offered a significant discount on their annual fee for the **Goiena Klub**.
- | Oñati students visited UPTC (ULMA Packaging Technological Centre) as part of the **Start Innova** programme.
- | We distributed 150 **discounted tickets**, at 3€, to see Real Sociedad at Anoeta. Total: 450 euros delivered to Mundukide.
- | 22 ULMA volunteers worked at the txosna on the **Kilometroak** day for the party for the Oñati ikastola Txantxiku.
- | 13 people represented ULMA at the III **Solidarity race between cooperatives** for Mundukide: running, walking or practising Nordic walking.
- | Pilot trial in Garagaltza auzoa to reduce petrol consumption: we are giving prizes for **sustainable mobility** with Ciclogreen. With similar mechanics to Travel Club, we have already completely 1,000 eco-kilometres: Travelling without consuming petrol!
- | Another pilot trial to **encourage local shopping** in Oñati: options for buying online, order placement in the workplace and distribution by electrical car.
- | 15 people at risk of social exclusion in **Bidebarri** received, from La Caixa volunteers, training on issues such as: "Household finances - Financial responsibility" and "How to write a CV, find a job or prepare for a job interview".

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